

## 37 Spenser Road and 74 Gordon Road Herne Bay

Spenser Road provides a high-quality residential service if you are an adult with a learning disability. It is located within a residential area and is a short walk to the local park, sea front and town centre. Spenser Road has 12 bedrooms including Gordon Road, a ground floor detached bungalow, which can accommodate two people, with access if you have physical disabilities.



### Service Philosophy

Our service philosophy is based on Valuing People principles, including maximising your ability to make choices, respecting your basic human rights, fostering inclusion in wider society and encouraging you to gain the maximum level of independence you are able to. Our focus is on supporting you through individualised person-centred support plans.

**optimacare**<sup>o</sup>

Specialists in mental health and learning disability services

## Expert Care and Support

Staff members are trained in a variety of conditions to support your specific needs which may include: physical health needs (e.g. epilepsy); mobility and movement difficulties (e.g. cerebral palsy, muscular dystrophy); communication needs relating to autistic spectrum conditions and other specific conditions; staff training on autistic spectrum conditions and on mental health problems.

We work closely with NHS and Kent County Council health and social care professionals to ensure your physical and emotional needs are met, including an occupational therapist, speech and language therapist, psychiatrist and other professionals as required.

We recognise the importance and involvement of all key stakeholders in developing and enhancing services and active involvement from all parties is encouraged.

## On and Off-Site Facilities

Our location is ideal for you to access community-based activities which include:

- Seafront walks
- Trips to local cafes and restaurants
- Local leisure centre with swimming pool and cinema
- Visits to the local spa
- Horse riding
- Picnics in the park
- Adult education courses
- Our own Day Centre at Eastry
- Art and Craft sessions
- Our own caravan park within a leisure complex

On-site we have an extensive programme of activities which include (but are not restricted to):

- Art work, crafts and games
- Social events and music
- Personal hobbies and interests
- Baking sessions
- Visiting reflexologist
- Sensory Room



## Referral Criteria

Spenser Road and Gordon Road will support you if you are aged between 19-65+ and have a learning disability.

37 Spenser Road & 74 Gordon Road  
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